

# Holmleigh Park Careers News Letter



## Overview

At Holmleigh Park we start looking at a student's future as early as year 7. Exploration of career opportunities at an early stage is very important. Students have careers lessons once a fortnight and we start to look at the skill and competencies that will be required in the World of Work. The Work place will be very different in 10 years' time and we want to ensure our students have the best careers information and guidance to ensure they succeed in a career of their choice.

Each year our first lesson is based around STOICISM. We revisit this on a regular basis as it underpins Holmleigh Park's Values.

Three areas covered are:

- Mastering your own mind
- Mastering adversity (things which are challenging)
- Mastering Practice (getting into good habits)

As students master these we'll have the best chance of living happy and successful lives.

At the end of each lesson there is a reflection task for students to complete based around, Work Hard, Be Kind, Take Responsibility our school values.

Running through our careers programme are the British values. Democracy, Rule of Law, Tolerance of different Cultures & Religions, Mutual Respect, Individual Respect

Any questions please email [careers@hphigh.co.uk](mailto:careers@hphigh.co.uk)

Regards Mr Lockett Careers Lead



Mr Dan Hudson, Headteacher

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## Year 7 Term 1

Here is an overview of careers lesson for term 1&2. Please have a discussion with your child on how they got on and what their thoughts are for the future?

Topic = Work related competency = Teamwork Skills

- Where do you use teamwork at Home, School and Work?
- Examples of Good and Bad Teamwork?
- How do I engage in teamwork?

Topic = Independent Study = Revision Skills

- How to create flashcards for effective revision.
- How to use your knowledge organiser to embed understanding

Topic = Work related competency = Presentation Skills

- Where would you use presenting skills at Home, School and Work?
- Examples of Good and Bad presentation?
- Students prepared a one-minute presentation on a topic, hobby or book which was presented to a peer or the class.

## Term 7 Term 2

What is coming up this term?

Topic = Independent Study = Revision Skills

- How to create flashcards for effective revision.
- How to use your knowledge organiser to embed understanding

Topic = Work related Competencies = Employability soft skills.

- Can you list work related skills/competencies?
- What are hard and soft employability skills?

Topic = Work related competencies = Balloon debate.

- Group activity using presenting and teamwork skills.
- Seven characters are travelling in an Air balloon.
- Ask your child what happened what did they decide?

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