BEST Fit - where HP = The discussion in the PSHF Lessons T1 = Term 1 L = Lesson British Values: D = Democracy; RL = Rule of Law; T = Tolerance of Differences; MR = Mutual Respect; IL = Individual Liberty explicitly meet the lesson could lead to the T2 = Term 2 statutory topic being covered T3 = Term 3requirements Mapping against the 2020 DfE guidance on statutory relationships, sex and health education at the secondary phase Curriculum area: RSE Year 7 Year 8 Year 9 Year 10 Year 11 T3 - L1 (MR, IL) T1 - L1 (T, MR, IL) T1 - L1 (RL, MR) T2 - L5 (T, MR, IL) T2 - L1 (MR, IL) T3 - L1 (IL) T1 - L3 (RL, MR) T2 - L6 (RL, IL) That there are different types of committed, stable relationships T2 - L2 (RL, T, MR, IL) T3 - L1 (MR, IL) T2 - L4 (RL, MR, IL) 73 - L2 (MR, IL) T1 - L1 (T, MR, IL) T1 - L3 (RL, MR)? T3 - L5 (T, IL) T3 - L2 (MR, IL) How these relationships might contribute to human happiness and their importance for bringing up children. T2 - L1 (MR, IL)? T3 - L5 (RL, MR, IL) T3 - L3 (MR, IL) What marriage is, including their legal status e.g. that marriage carries legal rights and protections not available to couples who are cohabiting or who have married, for example, in an unregistered religious ceremony T2 - L6 (RL, IL) T1 - L6 (MR) Why marriage is an important relationship choice for many couples and why it must be freely entered into T2 - L5 (T, MR, IL) T2 - L3 (MR, IL)? Pupils T2 - L6 (RL, IL) Should T2 - L6 (RL, IL) know.... The characteristics and legal status of other types of long-term relationships T2 - L1 (MR, IL) T3 - L2 (MR, IL) T3 - L3 (MR. IL)? T3 - L5 (T, IL) The roles and responsibilities of parents with respect to the raising of children T3 - L2 (MR, IL) T3 - L1 (MR, IL) T1 - L1 (T, MR, IL) T1 - L3 (RL, MR) T1 - L6 (MR) T3 - L2 (MR, IL) T1 - L3 (IL) T3 - L3 (RL, MR, IL) T2 - L5 (T, MR, IL) T2 - L6 (RL, IL) How to: determine whether peers, adults or sources of information are trustworthy; judge when a family, friend, intimate or other relationships is unsafe (and to T2 - L1 (MR, IL)? T3 - L1 (MR, IL) recognise this in others' relationships); and, how to seek help or advice, including reporting concerns about others, if needed. T2 - L4 (RL, MR, IL) T3 - L2 (MR, IL) T3 - L3 (MR, IL) T3 - L4 (IL)? Curriculum area: RSE Topic area: Respectful relationships, including friendships Year 7 Year 8 Year 9 Year 10 Year 11 T3 - L1 (MR, IL) T1 - L5 (MR, IL) T1 - L1 (RL, MR) T1 - L3 (RL, MR) T3 - L2 (MR, IL) T3 - L1 (IL) T1 - L3 (RL, MR) T1 - L6 (MR) Γ2 - L1 (MR, IL) T3 - L3 (RL, MR, IL) T3 - L2 (RL, T, MR, IL) T3 - L3 (RL, MR, IL) T3 - L1 (MR, IL) T2 - L2 (RL, T, MR, IL) T3 - L3 (RL, MR, IL) T3 - L2 (MR, IL) T2 - L3 (MR, IL) T3 - L5 (RL, MR, IL) T3 - L3 (MR, IL)? T2 - L4 (RL, MR, IL) The characteristics of positive and healthy friendships (in all contexts, including online) including; trust, respect, honesty, kindness, generosity, boundaries, privacy, T3 - L5 (T, MR) T3 - L6 (MR, IL) consent and the management of conflict, reconciliation and ending relationships. This includes different (non-sexual) types of relationship T1 - L1 (T, MR, IL) T1 - L1 (T, MR, IL) T1 - L1 (RL, MR) T1 - L6 (MR) T1 - L2 (T, MR) T1 - L2 (T, MR) T1 - L3 (RL, MR) T3 - L1 (MR, IL) T2 - L1 (MR, IL) T3 - L1 (MR, IL) T1 - L5 (MR, IL) T3 - L3 (RL, MR, IL) T3 - L2 (MR, IL) Practical steps they can take in a range of different contexts to improve or support respectful relationships T2 - L2 (RL, T, MR, IL) T3 - L2 (MR, IL) T3 - L1 (IL) T3 - L3 (MR, IL)? T2 - L3 (MR, IL) T3 - L3 (RL, MR, IL) T3 - L5 (T, MR) T3 - L6 (MR, IL) T1 - L4 (T, MR, IL) T1 - L2 (T, MR) T1 - L4 (RL, T, MR) T1 - L1 (ALL) How stereotypes, in particular stereotypes based on sex, gender, race, religion, sexual orientation or disability, can cause damage (e.g. how they might normalise non-T1 - L5 (T, MR, IL) T1 - L3 (R, MR) T1 - L5 (T, MR, IL) Γ1 - L4 (RL, MR) consensual behaviour or encourage prejudice). T1 - L5 (ALL) T3 - L6 (IL) Pupils T3 - L5 (T, MR) T2 - L2 (RL, T, MR, IL) Should T1 - L1 (T, MR, IL) T1 - L2 (T, MR) T1 - L4 (RL, T, MR) Γ1 - L4 (RL, MR) T2 - L1 (MR, IL) know.... T1 - L3 (R, MR) T1 - L5 (T, MR, IL) T1 - L4 (T, MR, IL) T1 - L5 (ALL) T2 - L2 (RL, T, MR, IL) T3 - L1 (MR, IL) That in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including people in T2 - L3 (MR, IL) T2 - L4 (RL, MR, IL) positions of authority and due tolerance of other people's beliefs. T1 - L3 (R, MR) T1 - L3 (MR, IL) T1 - L4 (RL, T, MR) T1 - L3 (RL, MR) T1 - L5 (T, MR, IL) T1 - L4 (RL, MR, IL) T1 - L5 (T, MR, IL) T3 - L1 (MR, IL) About different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders to report bullying and how and where to get help T3 - L6 (IL) T1 - L5 (MR, IL) T3 - L3 (RL, MR, IL) T3 - L3 (RL, MR, IL) T1 - L1 (RL, MR) T1 - L6 (MR) T2 - L4 (RL, IL) T2 - L5 (T, MR, IL) Γ2 - L3 (MR, IL)? That some types of behaviour within relationships are criminal, including violent behaviour and coercive control. T3 - L3 (RL, MR, IL)? T2 - L6 (RL, IL) T2 - L4 (RL, MR, IL) T3 - L4 (RL, IL) T1 - L1 (RL, MR)? T2 - L5 (T, MR, IL) T1 - L4 (RL, T, MR)? T2 - L4 (RL, MR, IL)? What constitutes sexual harassment and sexual violence and why these are always unacceptable. T2 - L6 (RL, IL) T3 - L4 (RL, IL) T1 - L1 (ALL) T1 - L4 (RL, MR) T1 - L3 (RL, T) The legal rights and responsibilities regarding equality (particularly with reference to the protected characteristics as defined in the Equality Act 2010) and that T1 - L5 (ALL) T1 - L4 (T, MR, IL) T1 - L4 (RL, T, MR) everyone is unique and equal. Curriculum area: RSE Topic area: Online and media Year 7 Year 8 Year 9 Year 10 Year 11

		T1- L3 (MR, IL)		T1 - L2 (MR, IL)		
		T3 - L6 (IL)	T2 - L1 (IL)	T2 - L2 (MR, IL) T3 - L4 (RL, IL)		
	Their rights, responsibilities and opportunities online, including that the same expectations of behaviour apply in all contexts, including online.		T3 - L3 (RL, MR, IL)		T1 - L3 (RL, MR)	T2 - L1 (MR, IL)
Pupils Should know	About online risks, including that any material someone provides to another has the potential to be shared online and the difficulty of removing potentially compromising material placed online.	T1- L3 (MR, IL) T3 - L6 (IL)	T2 - L1 (IL) T3 - L2 (RL, T, MR, IL)	T1 - L2 (MR, IL) T3 - L4 (RL, IL) T3 - L5 (RL, MR, IL)	T1 - L3 (RL, MR) T2 - L1 (IL)	T2 - L1 (MR, IL)?
	Not to provide material to others that they would not want shared further and not to share personal material which is sent to them	T1- L3 (MR, IL) T3 - L3 (RL, MR, IL) T3 - L6 (IL)	T2 - L1 (IL) T3 - L2 (RL, T, MR, IL) T3 - L6 (RL, MR, IL)	T3 - L4 (RL, IL)	T1 - L3 (RL, MR) T2 - L1 (IL)	()
	What to do and where to get support to report material or manage issues online	T1- L3(MR, IL) T3 - L3 (RL, MR, IL) T3 - L6 (IL)	T2 - L1 (IL) T3 - L2 (RL, T, MR, IL)	T2 - L2 (MR, IL)	T1 - L3 (RL, MR) T3 - L4 (IL)?	
	The impact of viewing harmful content.	T1- L3 (MR, IL) T3 - L2 (MR, IL) T3 - L6 (IL)	T3 - L6 (RL, MR, IL)	T3 - L4 (RL, IL) T3 - L5 (RL, MR, IL)		
	That specifically sexually explicit material e.g. pornography presents a distorted picture of sexual behaviours, can damage the way people see themselves in relation to others and negatively affect how they behave towards sexual partners.		T3 - L6 (RL, MR, IL)	T3 - L5 (RL, MR, IL)		
	That sharing and viewing indecent images of children (including those created by children) is a criminal offence which carries severe penalties including jail.	T1- L3 (MR, IL) T3 - L3 (RL, MR, IL) T3 - L6	T3 - L2 (RL, T, MR, IL)	T3 - L4 (RL, IL)		
	How information and data is generated, collected, shared and used online.		T3 - L1 (IL) T3 - L2 (RL, T, MR, IL)	T2 - L4 (RL, IL)	T1 - L3 (RL, MR)	

		Curriculum area: RSE	Topic area: Being safe		Year 7	Year 8	Year 9	Year 10	Year 11
					T3 - L4 (RL, MR, IL)	T3 - L3 (RL, MR, IL)	T1 - L1 (RL, MR)	T1 - L6 (MR)	
						T3 - L6 (RL, MR, IL)	T1 - L3 (RL, MR)	T2 - L5 (T, MR, IL)	
							T1 - L4 (RL, T, MR)	T2 - L6 (RL, IL)	
_							T2 - L4 (RL, IL)		
Pι	upils						T2 - L5 (RL, MR)		
Sh	nould						T3 - L4 (RL, IL)		
		The concepts of, and laws relating to, sexual c	onsent, sexual exploitation, abuse, grooming, coercion, harassment, rape, domestic abuse, forced marri	ge, honour-			T3 - L5 (RL, MR, IL)		
KI	10 **	based violence and FGM, and how these can af	fect current and future relationships				T3 - L6 (RL, MR, IL)		T2 - L4 (RL, MR, IL)
					T3 - L3 (RL, MR, IL)	T3 - L3 (RL, MR, IL)	T1 - L3 (RL, MR)	T1 - L6 (MR)	
		How people can actively communicate and reco	ognise consent from others, including sexual consent, and how and when consent can be withdrawn (in a	contexts			T2 - L4 (RL, IL)	T2 - L5 (T, MR, IL)	
		including online).	osino consent non others, metading sexual consent, and now and when consent can be withdrawn (in a	Contexts,			T2 - L5 (RL, MR)	T2 - L6 (RL, IL)	
		including offinic).					T3 - L3 (RL, MR, IL)		T2 - L3 (MR, IL)
							T3 - L4 (RL, IL)		T2 - L4 (RL, MR, IL)

	T3 - L1 (MR, IL)	TO 1 4 (B) 14B 11)			Year 11
	13 21 (1111)	T3 - L4 (RL, MR, IL)	T1 - L3 (RL, MR)		
		T3 - L5 (RL, MR, IL)	T2 - L2 (MR, IL)	T4 1 ((11D)	
			T2 - L5 (RL, MR)	T1 - L6 (MR)	T2 - L1 (MR, IL)
stics and positive aspects of healthy one-to-one intimate relationships, which include mutual respect, consent, loyalty, trust, shared					T2 - L1 (MR, IL)
				T3 - L2 (MR, IL)?	T2 - L4 (RL, MR, IL)
		T3 - L4 (RL, MR, IL)		T1 - L6 (MR)	
		T3 - L5 (RL, MR, IL)	T1 - L3 (RL, MR)	T2 - L5 (T, MR, IL)	
		T3 - L6 (RL, MR, IL)			
ng.					
	T2 15 /T II)				T2 - L3 (MR, IL)
	13 - L3 (1, 1L)		13 - LO (KL, MK, IL)	13 - L3 (MIK, 1L)	IZ - L3 (MR, IL)
alth, including fertility and the potential impact of lifestyle on fertility for men and women.	T2 15 (T II)		T2 17 (D1 MD II)		
				T2 - 15 (T MR II)	T2 - L1 (MR, IL)
gies for identifying and managing sexual pressure, including understanding peer pressure, resisting pressure and not pressurising others.		T3 - L3 (RL, MR, IL)	- () /		T2 - L3 (MR, IL)
		T3 - L3 (RL, MR, IL)?			
y sex or to enjoy intimacy without sex.			T3 - L6 (RL, MR, IL)	T2 - L5 (T. MR. IL)	T2 - L1 (MR, IL)
				` ' ' '	
f contraceptive choices, efficacy and options available.			T3 - L6 (RL, MR, IL)	12 - LJ (1, MK, 1L):	
on to pregnancy (with medically and legally accurate, impartial information on all options, including keeping the haby, adoption,			10 20 (112) ///// 12)		
	T3 - L5 (T. IL)				
mitted infactions (CTIs), including HIV/AIDs, are transmitted, how risk can be reduced through cafer say (including through condem use)	(,,,=)				
amuted infections (311s), including hiv/AiDs, are transmitted, now risk can be reduced through safer sex (including through condom use)			T3 - I 6 (RL MR II)	T2 - L4 (T. MR)	
				(1, 1111)	
ne impact they can have on those who contract them and key facts about treatment.			T3 - 1.6 (RL MR II.)	T2 - L4 (T. MR)	
			13 LO (ICL, MIC, IL)	12 21(1, MIX)	
s can lead to risky sexual behaviour.		T3 - 1.6 (DI MD II.)	T1 - I 1 (DI - MD)		
r eii	e affected by choices they make in sex and relationships, positively or negatively, e.g. physical, emotional, mental, sexual and ing. ealth, including fertility and the potential impact of lifestyle on fertility for men and women. glies for identifying and managing sexual pressure, including understanding peer pressure, resisting pressure and not pressurising others. If year or to enjoy intimacy without sex. f contraceptive choices, efficacy and options available. on to pregnancy (with medically and legally accurate, impartial information on all options, including keeping the baby, adoption, er help). smitted infections (STIs), including HIV/AIDs, are transmitted, how risk can be reduced through safer sex (including through condom use) about testing ne impact they can have on those who contract them and key facts about treatment.	riendship. e affected by choices they make in sex and relationships, positively or negatively, e.g. physical, emotional, mental, sexual and ing. T3 - L5 (T, IL) ratth, including fertility and the potential impact of lifestyle on fertility for men and women. T3 - L5 (T, IL) T1 - L2 (T, MR) T3 - L1 (MR, IL) T3 - L3 (RL, MR, IL) T3 - L5 (T, IL)	riendship. affected by choices they make in sex and relationships, positively or negatively, e.g. physical, emotional, mental, sexual and T3 - L5 (RL, MR, IL) T3 - L5 (RL, MR, IL) T3 - L5 (T, IL) T1 - L2 (T, MR) T3 - L3 (RL, MR, IL) T1 - L2 (T, MR) T3 - L3 (RL, MR, IL) T3 - L5 (T, IL)	riendship. T3 - L4 (RL, MR, IL) T3 - L5 (RL, MR, IL) T3 - L6 (RL, MR, I	stics and positive aspects of healthy one-to-one intimate relationships, which include mutual respect, consent, loyalty, trust, shared T3 - L4 (RL, LL) T3 - L5 (RL, MR, IL) T3 - L5 (RL, MR, IL)

	How to get further advice, including how and where to access confidential sexual and reproductive health advice and treatment.					
	The facts around pregnancy including miscarriage.			T3 - L6 (RL, MR, IL)	T2 - L4 (T, MR)	
	The facts dround pregnancy metading iniscarriage.	T3 - L5 (T, IL)				
	Curriculum area: Physical Health and Mental Wellbeing Education Topic area: Mental wellbeing	Year 7	Year 8	Year 9	Year 10	Year 11
	How to talk about their emotions accurately and sensitively, using appropriate vocabulary.	T2 - L2 (MR, IL) T3 - L1 (MR, IL) T3 - L2 (MR, IL)	T1 - L1 (T, MR, IL) T3 - L4 (RL, MR, IL)	T1 - L3 (RL, MR) T1 - L5 (T, MR, IL) T2 - L2 (MR, IL)	T1 - L2 (MR, IL) T3 - L6 (MR, IL)	T2 - L3 (MR, IL)
	That happiness is linked to being connected to others.	T3 - L1 (MR, IL)	T1 - L1 (T, MR, IL) T2 - L4 (MR, IL) T3 - L1 (IL)		T2 - L1 (IL) T3 - L2 (MR, IL) T3 - L6 (MR, IL)	T2 - L3 (MR, IL)
upils hould now	How to recognise the early signs of mental wellbeing concerns.	T2 - L2 (MR, IL) T2 - L4 (MR, IL) T2 - L5 (IL) T3 - L5 (T, IL)	T2 - L4 (MR, IL) T3 - L1 (IL)	T2 - L2 (MR, IL)	T1 - L2 (MR, IL) T2 - L1 (IL) T2 - L2 (IL) T2 - L3 (MR, IL)	T2 - L3 (MR, IL)
	Common types of mental ill health (e.g. anxiety and depression).	T2 - L4 (MR, IL) T2 - L5 (IL)	T2 - L4 (MR, IL)	T2 - L2 (MR, IL) T3 - L1 (IL)	T2 - L3 (MR, IL)	, , ,
	How to critically evaluate when something they do or are involved in has a positive or negative effect on their own or others' mental health.	T2 - L4 (MR, IL) T2 - L5 (IL) T3 - L2 (MR, IL)	T1 - L6 (D, RL) T2 - L3 (IL) T2 - L4 (MR, IL)	T2 - L2 (MR, IL) T3 - L1 (IL) T3 - L2 (IL)	T2 - L1 (IL) T2 - L2 (IL) T2 - L3 (MR, IL)	T2 - L3 (MR, IL)
	The benefits of physical exercise, time outdoors, community participation and voluntary and service-based activities on mental wellbeing and happiness.	T2 - L4 (MR, IL) T2 - L5 (IL)	T2 - L4 (MR, IL)	T2 - L2 (MR, IL)?	T2 - L1 (IL) T2 - L2 (IL)	
	Curriculum area: Physical Health and Mental Wellbeing Education Topic area: Internet safety and harms	Year 7	Year 8	Year 9	Year 10	Year 11
Pupils Should	The similarities and differences between the online world and the physical world, including: the impact of unhealthy or obsessive comparison with others online (including through setting unrealistic expectations for body image), how people may curate a specific image of their life online, over-reliance on online relationships including social media, the risks related to online gambling including the accumulation of debt, how advertising and information is targeted at them and how to be a discerning consumer of information online.	T1 - L3 (MR, IL) T2 - L3 (IL) T3 - L2 (MR, IL) T3 - L6 (IL)	T1 - L6 (D, RL) T2 - L1 (IL) T2 - L2 (IL) T2 - L3 (IL) T3 - L1 (IL) T3 - L6 (RL, MR, IL)		T1 - L3 (RL, MR) T2 - L1 (IL) T3 - L2 (MR, IL) T3 - L4 (IL)	T2 - L1 (MR, IL)
now	How to identify harmful behaviours online (including bullying, abuse or harassment) and how to report, or get support, if they have been affected by those behaviours.	T1 - L3 (MR, IL) T3 - L1 (MR, IL) T3 - L2 (MR, IL)	T3 - L2 (RL, T, MR, IL)	T1 - L2 (MR, IL) T1 - L5 (T, MR, IL) T2 - L4 (RL, IL) T3 - L4 (RL, IL) T3 - L4 (RL, IL) T3 - L5 (RL, MR, IL)	T1 - L3 (RL, MR) T3 - L4 (IL)?	T2 - L1 (MR, IL)?
	Curriculum area: Physical Health and Mental Wellbeing Education Topic area: Changing adolescent body	Year 7	Year 8	Year 9	Year 10	Year 11
upils hould	Key facts about puberty and the changing adolescent body and menstrual wellbeing.	T3 - L3 (RL, MR, IL) SCIENCE		T3 - L2 (IL)	T3 - L6 (MR, IL)	
now	The main changes which take place in males and females, and the implications for emotional and physical health.	T3 - L3 (RL, MR, IL)		` ,	T2 - L2 (IL)? T3 - L6 (MR, IL)	
	Curriculum area: Physical Health and Mental Wellbeing Education Topic area: Health and prevention	Year 7	Year 8	Year 9	Year 10	Year 11
	About personal hygiene, germs (including microbes), the spread, treatment and prevention of infection, and about antibiotics.	T2 - L5 (IL)	T2 - L5 (MR, IL)		T2 - L2 (IL) T2 - L3 (MR, IL) T2 - L4 (T, MR)	
upils	About dental health and the benefits of good oral hygiene and dental flossing, including healthy eating and regular check-ups at the dentist.		T2 - L5 (MR, IL)			
nould now	(Late secondary) the benefits of regular self-examination and screening.				T2 - L2 (IL)	
	The facts and science relating to immunisation and vaccination.	T2 - L5 (IL)	T2 - L5 (MR, IL)		T2 - L4 (T, MR)?	
	The importance of sufficient good quality sleep for good health and how a lack of sleep can affect weight, mood and ability to learn.	T2 - L5 (IL)	T2 - L5 (MR, IL)	T2 - L2 (MR, IL) T3 - L2 (IL)	T2 - L1 (IL) T2 - L2 (IL)	
	Curriculum area: Physical Health and Mental Wellbeing Education Topic area: Physical health and fitness	Year 7	Year 8	Year 9	Year 10	Year 11
Pupils	The positive associations between physical activity and promotion of mental wellbeing, including as an approach to combat stress.	T2 - L5 (IL)	T2 - L4 (MR, IL)	T2 - L2 (MR, IL) T3 - L1 (IL) T3 - L2 (IL)	T2 - L1 (IL) T2 - L2 (IL)	
hould	The characteristics and evidence of what constitutes a healthy lifestyle, maintaining a healthy weight, including the links between an inactive lifestyle and ill health, including cancer and cardiovascular ill-health.	T2 - L5 (IL) PE/Science/Catering	PE/Science/Catering	T3 - L2 (IL) PE/Science/Catering	T2 - L2 (IL) PE/Science/Health and Social Care	PE/Science/Health and Social Care
	About the science relating to blood, organ and stem cell donation.				T2 - L4 (T, MR)	

Pupils	Curriculum area: Physical Health and Mental Wellbeing Education Topic area: Healthy eating	Year 7	Year 8	Year 9	Year 10	Year 11
Should know	How to maintain healthy eating and the links between a poor diet and health risks, including tooth decay and cancer.	T2 - L5 (IL)			T2 - L2 (IL)	
		PE/Science/Caterinig	PE/Science/Catering	PE/Science/Catering	PE/Science/Health and Social Care	PE/Science/Health and Social Care
	Curriculum area: Physical Health and Mental Wellbeing Education Topic area: Drugs, alcohol and tobacco	Year 7	Year 8	Year 9	Year 10	Year 11
	The facts about legal and illegal drugs and their associated risks, including the link between drug use, and the associated risks, including the link to serious mental health conditions.	T2 - L6 (RL, IL)	T2 - L6 (RL)	T2 - L3 (RL)	T2 - L3 (MR, IL)	
	The law relating to the supply and possession of illegal substances.	T2 - L6 (RL, IL)	T2 - L6 (RL)	T2 - L3 (RL)		
Pupils Should	The physical and psychological risks associated with alcohol consumption and what constitutes low risk alcohol consumption in adulthood.	T2 - L6 (RL, IL)	T2 - L6 (RL) T3 - L6 (RL, MR, IL)	T2 - L3 (RL) T2 - L6 (D, IL)	T2 - L2 (IL)?	
know	The physical and psychological consequences of addiction, including alcohol dependency.		T2 - L6 (RL) T3 - L6 (RL, MR, IL)	T2 - L3 (RL) T2 - L6 (D, IL)		
	Awareness of the dangers of drugs which are prescribed but still present serious health risks.		T2 - L6 (RL)	T2 - L3 (RL)	T2 - L3 (MR, IL)	
	The facts about the harms from smoking tobacco (particularly the link to lung cancer), the benefits of quitting and how to access support to do so.	(T2 - L7 - Vaping Lesson)		T2 - L3 (RL)	T2 - L3 (MR, IL)	
	Curriculum area: Physical Health and Mental Wellbeing Education Topic area: Basic first aid	Year 7	Year 8	Year 9	Year 10	Year 11
Pupils	Basic treatment for common injuries.			T2 - L4 (RL, IL) T2 - L6 (D, IL)		
Should know	Life-saving skills, including how to administer CPR (Cardio Pulmonary Resuscitation is usually best taught after 12 years old).			T2 - L6 (D, IL)		
	The purpose of defibrillators and when one might be needed.			T2 - L6 (D, IL)		
		External First Aid Training	External First Aid Training	External First Aid Training	External First Aid Training	

Additional Topics Covered in PSHE:	
Structure of the Government - Roles and Responsibilities	T1 - L6 (D, RL)
The Future - Dreams, Goals, Ambitions	T2 - L1 (IL)
Handelling Setbacks /Coping Stratagies	T2 - L2 (MR, IL)
Gambeling and Making Choices	T2 - L3 (IL)
Vaccincation	T2 - L5 (IL)

Bullying and Banter
Government and Fake news
Long Term and Short Term Goals
Value of Money
Personal Space and Different Cultures
Where to get information to safely explore feelings about sexuality

LCDTO	
LGBTQ+	
The Law and the Justice System	
Plans and Goals	
Gangs and Terrorism Being Assertive	
Being Assertive	
Financal risk	

T1 - L1 (T, MR, IL)	
T1 - L3 (R, MR)	
T2 - L1 (IL)	
T2 - L2 (IL)	
T3 - L3 (RL, MR, IL)	
T3 - L5 (RL, MR, IL)	
	T1 - 15 /T

T1 - L5 (T, MR, IL)
T1 - L5 (D, T)
T2 - L1 (IL)
T2 - L5 (RL, IL)
T3 - L3 (RL, MR, IL)

T2 - L4 (RL, MR, IL)

T1 - L4 (RL, MR)

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