



Dear Parent/Carer,

We are delighted this year to have introduced a fortnightly lesson of PSHE into the curriculum for Yr's 7-10. The decision was made to support the new statutory guidelines to implement Health Education (HE) and Relationship Sex Education (RSE).

As a school we recognise the importance and value of delivering this curriculum, providing our young people within our school community the opportunity to learn and discuss a range of topics in a well informed and supportive environment. Each term will consist of six lessons of PSHE, as well as private study skills and career skills. The PSHE topics being studied this term are;

	Year 7	Year 8	Year 9	Year 10
Lesson 1	Me and my identity	Family Influences	Relationships	Human Rights and the Equality Act
Lesson 2	Peer Pressure and belonging	First impressions, faiths and beliefs	Risk and identity	Grief and Loss
Lesson 3	My Online Identity	Race, Religion and Multicultural Britain	Consent	Risk in real life and online
Lesson 4	Understanding stereotypes, prejudice and Discrimination	Social injustice and social Inequality	Prejudice and discrimination	Social injustice and social Inequality
Lesson 5	Challenging discrimination and bullying	Bullying and LGBTQ+ Bullying	Bullying and LGBTQ+ Bullying	Multiculturalism, society and inequality
Lesson 6	The Structure of government	Understanding the cabinet and media	The Law and the justice system	Relationships, power and goals

If you have any further enquiries about the PSHE curriculum or any of the content covered please feel free to look on the school website at the SRE Policy and Schemes of Learning. Or alternatively contact the academy on the following email: pshe@hphigh.co.uk

Kind Regards

Mrs H Palmer & Miss. S Diaco
Co-Ordinators PSHE